NORTH SHORE YOUTH CAREER CENTER | WINTER 2023 UPDATES



North Shore Youth Career Center | 300 Broad Street Room LE139 Lynn, MA 01902 | 781-691-7430

NEW STAFF SPOTLIGHT:



Julia Austin was previously a Case Manager at Gateway Healthcare in Charlestown, RI, where she managed treatment plans, assisted with housing issues and connected clients to community resources and vocational support.

Julia bring additional experience from her time as an advocate for the DayOne Helpline, working with survivors of domestic violence to create safety plans and provide connection to follow up services.

She earned her Bachelors of Science in Human Development and Family Studies, with minors in General Business and Leadership, from the University of Rhode Island.

Julia looks forward to taking on this role at the Youth Career Center to help guide individuals through what can be a stressful, yet very impactful time in their lives.

NEW STAFF SPOTLIGHT:



Holly Travis has been working in Human Services for over 25 years, with the last 14 years being focused on Education & Employment within the field. She has worked in this area with young adults aging out of the foster care system, people with disabilities, DYS-involved youth, and people receiving state assistance to help them get back on their feet. She brings unique perspectives in the employment field being a person with disabilities, as well as a small business owner herself.

She holds a Bachelor of Arts degree from Wheelock College, as well as a certificate in Broadcasting from Connecticut School of Broadcasting.

Holly believes that financial stability and consistent income are necessities, and helping people get to that goal through meaningful employment is something that she values so much in her work.

She is excited to work with the YCC team, and with MassHire as a whole in helping people achieve the education and employment goals they set for themselves to get their own version of success!

CAREER PATHWAYS

High school is a great time to start thinking about careers. You've probably been asked 'What do you want to do when you grow up?' Many high schoolers don't know what they want to do. And that's okay! In fact, students are likely to change their minds, even after they enter the workforce.

Understanding what you enjoy and what you're good at are the first steps in career exploration. If you don't know what you want to do, the question is 'what do you like to learn about?' Do you like science? What is it about science that you like, the research, the lab work? Use the answers to those questions to identify careers that may have similar tasks. The whole purpose of thinking about careers is so that when you go into the workforce, you wake up in the morning and look forward to going to work.

Once you've thought about the subjects and activities you like best, the next step is to look for careers that put those interests to use. There are hundreds of occupations, and most of them involve more than one skill area. Ask your guidance counselor, teachers, parents, and MassHire youth career counselor for help with occupations that match your interests and skills. Counselors have tools that they use to link interests and skills with careers. Free online resources, such as My Next Move, can also help with career exploration.

Another approach is to consider local industries and employers. There are many jobs in <u>manufacturing</u> and <u>healthcare</u> with a range of careers options in those fields-from occupations that require a 6-week course after high school, to those that require a Bachelor's degree or higher.

Some other resources to check out are:

<u>MassHireCareerInformation, Career Outlook</u> and the <u>Occupational Outlook Handbook</u>

Early College at Salem High School

The Youth Career Center is happy to announce another successful Early College semester at Salem High School. We have partnered with SHS for several years now in their Early College program, serving their juniors by facilitating career readiness workshops.

This year we had the pleasure of working with 45 Juniors, split between two classes. Valerie Milardo and Jethro Alouidor led the charge by facilitating workshops that ranged from Building Skills, Career Interests and Charting a Career Path. The workshops were well received by the students, with one saying "I found the sessions very helpful and insightful on what to expect in the future." We find that this quote captures the essence of what the YCC seeks to provide for students all over the North Shore.

During our time with the SHS Juniors, we were fortunate to have three key guest speakers, who all did a phenomenal job and truly captured their attention and expanded their horizons. The YCC would like to say thank you to Mary Sarris, of the Workforce Board, President John Keenan of Salem State University, and Lieutenant Governor Kim Driscoll for giving their time to speak.

OTHER NEWS

-As of January 1, 2023, Massachusetts minimum wage was raised to \$15.00 per hour for all employed individuals.

-At the YCC, we have been working with numerous local employers, below are some at Square One that are hiring; Aeropostale, FT Sales Associate, \$15/hr, Aldo, PT/FT, \$18/hr, Dick's Sporting Goods, PT/FT \$16/hr